

ACADEMICS

Please rate how confident you are that you could successfully perform the following academic tasks.

1 = Very Low	5 = Somewhat High
2 = Low	6 = High
3 = Somewhat Low	7 = Very High
4 = Neither Low or High	

Circle the number that indicates the level of your confidence for each item.

I AM CONFIDENT:	LEVEL OF CONFIDENCE						
1. I take pride in my work and achievement.	1	2	3	4	5	6	7
2. I know how to ask for help when I need it.	1	2	3	4	5	6	7
3. I can talk about how I feel capable and confident as a learner.	1	2	3	4	5	6	7
4. I am able to accept my mistakes and know they are a part of learning.	1	2	3	4	5	6	7
5. I understand that making my best effort and continuing to try will help me learn.	1	2	3	4	5	6	7
6. I am able to take responsibility for my actions.	1	2	3	4	5	6	7
7. I can do school work by myself as well as cooperate with other students.	1	2	3	4	5	6	7
8. I can set goals that challenge me academically.	1	2	3	4	5	6	7
9. I want to do well and work hard in school.	1	2	3	4	5	6	7
10. I know how to learn on my own.	1	2	3	4	5	6	7
11. I understand that if I work hard and do well in my classroom, I will be more successful in school.	1	2	3	4	5	6	7
12. I am able to get information and support from faculty, staff, family, and peers.	1	2	3	4	5	6	7
13. I am able to find other activities that make school more enjoyable.	1	2	3	4	5	6	7
14. I am able to understand the relationship between learning and work.	1	2	3	4	5	6	7